



# TUNBRIDGE WELLS HOCKEY CLUB

Founded 1898



## JUNIOR CODE OF CONDUCT

Every member of Tunbridge Wells Hockey Club has a responsibility to play the game of hockey with a high degree of sporting behaviour. Attitudes and actions can ensure that everyone involved is able to enjoy a friendly competitive match. We should look to:

### Fairness

- Respect the rights of every one you play with or against.
- Treat all as equals regardless of age, ethnicity, gender or religion
- Avoid any non-equitable behaviour
- Know and then play by the Rules of the sport.

### Independence

- Lead by example, taking responsibility for your decisions.
- Do things yourself that you would expect or want others to do.
- Anticipate needs, be organised and on time.

### Co-operation

- Show comradeship and delight in each other's company
- Gain pleasure in the achievements of fellow players
- Show sympathy and offer help when things go wrong
- Thank the umpires and opposition after every game.

### Tolerance

- Be patient at all times and tolerant of others.
- Encourage team mates, avoiding criticism, be positive at all times.
- Accept decisions and defeat with dignity and grace.
- Control your temper, do not retaliate or use foul or abusive language.

### Safety & Responsibility

- Wear the correct club kit for all games.
- Return borrowed club kit or equipment with out being asked.
- Warm up before Training/Games, Warm down after
- Shinpads must be worn, while it is advised to wear a mouthguard.
- Make your captain aware of your availability in good time.
- Give 100% at all times on the pitch.
- Be attentive and friendly to your opposition in the Clubhouse.